



Decisions

choose it - or loose it

Best Wishes

An old man lived all alone in Minnesota. He wanted to plant some potatoes but could not do it himself. He was too old and far too weak to dig up and loosen the earth in his garden. In a letter to his son he complained about this. "Dear son, if you were here and not in prison you sure would help me to dig up the earth in my garden, wouldn't you?" His son immediately responded, that for heaven's sake he should not dig in the garden. He said, this was the place where he had hidden all the weapons! At 4am the next morning there came several FBI agents to dig up the earth and search for something. When they could not find anything, the old man was very confused. A few days later his son wrote another letter. "Go and plant your potatoes, dad! That was the only thing I could do for you from here.

Love Jim"

To decide is a central function in everybody's life. Not to decide means to stand still. Decisions on the contrary mean movement and change. Even though the son in prison, as in the story, was meant to remain still by exterior reasons. Nevertheless he decided to get something going. A similar situation can occur in our day-to-day life. Even though we aren't kept in any prison, we might have built up some imaginative walls that hold us back from any action. There are times we stagnate just because we simply don't know how to get started.

Task

Decider Type

Solution

Which Type of a Decider are You?

The year is about to end. People wish to change something they have carried along for a while especially at the New Year. They might want to start up something fully motivated. They want to get rid of something, that has been sitting there and waiting. To grab the bull by the horns! Pull up the socks and get it done! But each process of a decision is an individual process. Everybody has certain limits and personal barriers.



Dialogue

Do you involve others in your process of decision? Do you like to decide on something in a dialogue with others?

Evaluation

Are you a very careful and evaluating type of a decider?

Chance

Your decisions are done quickly and randomly. You decide with the principle of "Paper-Scissors-Stone".

I

You like to decide alone, independently and based on your own experience and know-how.

Data

Do you orientate yourself by facts, figures and gathered data?

Emotions

Whenever you decide you trust your gut instinct?



It's Playtime!

Sometimes easyness helps to get something started. Therefore I've enclosed the **decide** for you, a dice for decisions. I cannot take any decision off you, can I? But you can easier tackle a decision when having given a first step and agreed upon how to decide. Use **decide** to assist you. Think of a subject that has been sitting there and waiting for a decision of yours. And then play it out once or maybe twice! Grab the bull by the horns. Take the lucky moment and go for it. Grasp the opportunity for a dynamic start into 2014.

In the very same sense of wording ...

Best Wishes

Susanne Gopalan

If you wish to have support on your way to the right decisions, use the Decision Coaching Tool with

Susanne F. Gopalan.

>>> <http://www.gopalan.de/Entscheidercoaching>

Each Day is a Good Day when you Decide on Something."

Japanese Phrase

Dates

conflict.art	21-23.02.2014,12-14.09.2014
sense ability move	27-29.06.2014,03.-05.07.2015
move seminar	11-13.04.2014, 17-19.10.2014
coachmaster	17.05.2014, 19.07.2014,
Energievampire	20-21.03.2014, 24-25.07.2014,

<http://www.dotbooks.de>



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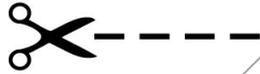
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It's Playtime!

What do you want to decide for 2014?

- 1__ Write it down.
- 2__ Throw the dice.
- 3__ Take the result as your strategy.
- 4__ Then get going ...



Dialogue
 The dialogue is the best means for cleaning.

You develop the best strategies in a dialogue. Only that'll make you say either "Yes" or "No".

Evaluation
 It is better to discuss a problem and not decide than to decide without having discussed it.

Encounter any decision with the analyses of strength/potential/risk

Emotions
 A gut feeling is a personal intuitive feeling or response.

To decide on any direction, use your senses.

Chance
 However: Have a Winner's Smile

"Paper-Scissors-Stone" ... Any decision is done quickly without worries but with a smile.

Data
 Rather decide approximately right than exactly wrong.

Oriente yourself by figures, facts and data.

Hours in silence are the best time for clear decisions.

You trust your own experiences and your know-how. Then you decide.

